Native Community Strengths

All Native communities demonstrate these survival skills:

- Resilience
- Strength
- Endurance

Tribal Best Practices

- Varied meaning based on specific tribe
- Tribes know what works without requiring empirical support
- The lack of modern documentation does not equal a lack of results
- Modern approaches must adjust requirements to respectfully include ancestral knowledge

Circles of Care and Wrap-Around Services

- Provides opportunities for authentic community voice
- Organized around the needs of the child
- More aligned to traditional world views
  - Everything is relational: Life is made up of harmonious cycles, seasons, relationships
  - Everything is connected: Health comprises of physical, mental, emotional, social, and spiritual components
- Current Western medicine is beginning to integrate into traditional practices
**Circles of Care**
- Features collaboration between agencies, families, and youth
- Creates coordinated, community-based, culturally, and linguistically competent services
- Has professionals partner with families and communities to create a care plan

**Wrap-Around Services**
- Allows the child to thrive in home while receiving treatment
- Created by a Community Care Team consisting of:
  - Youth
  - Natural supports
  - Formal supports

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### 4 Phases of Wrap-Around Services

**Phase 1: Engagement**
- 1–2 weeks
- Staff learn about family history and story
- Identify cultural strengths
- Identify areas of support

**Phase 2: Initial Plan Development**
- Family invites the support system to help create a plan
- Identify family strengths, challenges, and values
- Produce family vision, goals, and action steps
- Identify services to support the goal

**Phase 3: Plan Implementation**
- Put plan into action
- Continually assess success
- Adjust troubled action steps
- Assign new tasks to support system

**Phase 4: Transitioning**
- Move from formal support to informal support
- Plan for potential stressors
- Plan for future supports

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**Wrap-Around Core Values**
- Child- and family-focused with the family determining what services they use
- Community-based with decision-making at the community level
- Culturally competent and responsive to the specific population being served

**Wrap-Around Guiding Principles**
- The family and surrogate family are full participants
- Early identification and intervention are promoted at the system level
- Children have access to:
  - Comprehensive services to address all areas of health
  - Individualized services guided by a plan made for them
  - Services provided in the least-restrictive environment
  - Integrated care with agencies, programs, planning, and coordinated service delivery
  - Case management support to ensure the provision of all needed and requested services

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