

# Terms Similar in Meaning to Social and Emotional Learning (SEL)

Some state and local educational agencies prefer to use alternate terms to “social and emotional learning” (SEL) in their school plans, budget, classroom, and schoolwide practices and policies. Below, we provide a list of alternate terms that can be used. The terms link to sources to illustrate the use of the term. Although the terms are not exactly synonymous with SEL, they convey the essence of what it connotes.

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| » <a href="#">21<sup>st</sup> century skills</a>              | » <a href="#">Responsible decisionmaking</a>    |
| » <a href="#">Behavioral support</a>                          | » <a href="#">Self-awareness development</a>    |
| » <a href="#">Character development</a>                       | » <a href="#">Self-development coaching</a>     |
| » <a href="#">Character education</a>                         | » <a href="#">Self-discipline education</a>     |
| » <a href="#">Civic learning</a>                              | » <a href="#">Self-efficacy</a>                 |
| » <a href="#">Emotion management</a>                          | » <a href="#">Social competence</a>             |
| » <a href="#">Emotional literacy</a>                          | » <a href="#">Social-emotional growth</a>       |
| » <a href="#">Employability training</a>                      | » <a href="#">Social skills development</a>     |
| » <a href="#">Holistic learning</a>                           | » <a href="#">Social well-being</a>             |
| » <a href="#">Integrating student support</a>                 | » <a href="#">Soft skills coaching</a>          |
| » <a href="#">Life skills</a>                                 | » <a href="#">Suicide/bullying prevention</a>   |
| » <a href="#">Mental health and well-being</a>                | » <a href="#">Teaching to the whole child</a>   |
| » <a href="#">Personal and social responsibility training</a> | » <a href="#">Teaching to the whole learner</a> |
| » <a href="#">Personal capability training</a>                | » <a href="#">Wellness training</a>             |
| » <a href="#">Positive behavior development</a>               | » <a href="#">Whole child support</a>           |
| » <a href="#">Promoting student engagement</a>                |   |
| » <a href="#">Resilience building</a>                         |   |

For more information on SEL, please visit  
<https://casel.org/what-is-sel/>

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